



2024 Calendar

- Friday, June 14
9 am - 2 pm
SBIRT Training @ Serenity House; 891 S. Rohlwing Rd. - Addison, IL 60101
SBIRT (Screening, Brief Intervention and Referral to Treatment) is a comprehensive, integrated, public health approach to the delivery of early intervention and treatment services for persons with substance use disorders, as well as those who are at risk of developing these disorders.
- Saturday, June 15
9 am - 5:30 pm
Mental Health First Aid, Adults
@ Little Flower Catholic Church; 2600 Sunset Avenue, Waukegan
Register via this [LINK](#)
Mental Health First Aid is a nationally recognized program to teach the skills to respond to the signs of mental illness and substance use. Participants will learn the 5-step action plan encompassing the skills, resources, and knowledge to help an individual in crisis connect with appropriate professional, peer, social, and self-help care.
- Wednesday, June 26
9 - 10 :30 am
[FLYER LINK](#)
211 DuPage Training in partnership with DuPage Co Health Department
*Learn about referrals you can share with clients/community members.
From substance use to mental health to housing and transportation.*
First 30 minutes will be an IMHC meeting. Location: to be confirmed
Meeting [link](#) (Meeting ID: 871 2654 3426 Passcode: 683281)
Reflection: Darryl Jenkins
- July 17
9 - 10:30 am
Celebration of Robert Sckrocki's "real" retirement
Location: Kreves Hall at DuPage Unitarian Universalist Church,
1828 Old Naperville Road Naperville
- Wednesday, Sept 25
9 - 11 am
Question, Persuade, Refer: Suicide Awareness and Prevention Training,
Location: virtual LINK Facilitator: Suzanne Martinez
QPR is a suicide prevention training for participants to be able to recognize the warning signs of suicide and question, persuade, and refer people at risk for suicide for help. QPR - the 3 simple steps anyone can learn to help save a life from suicide.
- Saturday
9 am - 12 pm
Become a Companion
Location: to be confirmed
Facilitators: Suzanee Martinez and Venoncia Bate Ambrus
*Participants will be introduced to the revolutionary Companionship Model, that has five very important tenets: Hospitality, neighboring, side-by-side, listening, and accompaniment.
The 3-hour workshop will provide participants an understanding of how to move from a transactional exchange model to a relational engagement model that enables substantial change when helping others.*
- December 18
9 - 10:30 am
Join us to share your holiday faith tradition and bring a favorite holiday treat
Location to be confirmed
- January 20
7:30 - 9 am
Martin Luther King breakfast, sponsored by Advocate Health Care
Holiday Inn Chicago NW Crystal Lake Elana Convention Center, 800 S Route 31, Crystal Lake
Register/purchase ticket: www.faitbridgeinterfaith.org



**Interfaith Mental
Health Coalition**



The Interfaith Mental Health Coalition (IMHC) recognizes people with mental health needs often turn to their clergy and faith community for support. The IMHC is a coalition of mental health service providers, public officials, faith leaders, and advocates in the Chicagoland area working toward our mission:

- **Connecting diverse communities, providing culturally and spiritually relevant resources to promote community wellbeing.**
- Our mission is to foster wellbeing and build a supportive, caring, and welcoming community for individuals facing mental health challenges within diverse interfaith communities. We strive to eliminate barriers and isolation by increasing knowledge and delivering culturally and spiritually relevant resources. Through our efforts, we aim to create an inclusive environment that promotes community wellbeing and empowers those impacted by mental health challenges to thrive.

IMHC Leadership Team for 2024

Darryl Jenkins, President
Suzanne Martinez, Vice President
Venoncia Bate-Ambrus, Treasurer
Rita Rippentrop, Secretary & IMHC Communication Liaison

To be added to our email distribution list:
Send us an email with your contact info, to interfaithmhcoalition@gmail.com

IMHC History

As a result of attending the Interfaith Pathways to Promise conference in October 2009, a group of attendees began seeking others who shared a common vision of helping people of different faith traditions support individuals and families struggling with mental health issues.

This core group of individuals and organizations formed the Suburban Chicago Interfaith Mental Health Coalition.

In 2011, the coalition changed its name to the Interfaith Mental Health Coalition (IMHC) and created a website, www.interfaithmhc.org.

Additionally, the IMHC also created an email list to inform faith communities about mental health educational events and online resources.

Support the work of the IMHC

Please join our efforts to raise awareness, reduce the stigma of mental illness, improve access to services for those with mental health needs in our community, while promoting partnership relationships among providers, faith leaders and peers/consumers.

Visit the IMHC website at to learn how you can become involved: www.interfaithmhc.org
Sign-up for IMHC email updates on mental health resources and trainings.

Download online resources that will help your faith community increase mental health awareness.

Locate a local geographic cluster near you:
Central DuPage, Fox Valley, Chicago, Oakbrook, Oak Park, Northshore, Northwest Suburbs, Sandwich.

Provide leadership by joining monthly IMHC advisory meetings.

Learn how to organize mental health programs in your faith community.

To donate to the IMHC, mail a check made out to "Meier Clinics Foundation", with "IMHC" in the memo line
Meier Clinics
Attn: Heather Gandy
2100 Manchester Road, Suite 1510
Wheaton, IL 60187-4561
Meier Clinic, an IMHC member organization, graciously serves as the IMHC's fiscal agent.