

## Agenda and Notes of Meeting on 2-21-2023

Present: Darryl, Suzanne, Venoncia, Robert. Rita and Jolene notified us in advance they could not attend.

(Discussion of item is **bolded**, Action items are **bolded and underlined**)

1. Review and edit agenda ...**Agenda OK**
2. Our availability as a board **Send out a doodle poll for times convenient for board members; There are limitations in job roles for some of us re. faith based ties and boundaries, DEI framework might be useful perspective (should IMHC add a statement?) JusticeEDI (JEDI), DEIBelonging (DEIB)**
3. Activities for 2023?
  - a. Monthly meetings. Poor attendance.. go forward anyway?
    - i. Divide up email list and ask for their interests/ network participation?... use the old survey? **Phone survey suggestion was tabled.**
    - ii. Going forward: Should meetings be In person or zoom or hybrid? Where? **Zoom fatigue is real, though convenient, on the other hand many state they prefer and are ready for in-person ... should we alternate between zoom and hybrid meetings? Consider getting an OWL for hybrid meetings (\$1,000?)**
    - iii. Meeting format: Would presenting on resources (programs or organizations) rather than topics be more relevant? **Are we educating faith sector on mental health resources, or the clinical sector on connecting to faith issues/ considerations/ organizations, or both? Should we address clinician needs to navigate in faith spaces more directly? Do we need to change our byline to make both faith leaders and clinicians feel welcome? (Venoncia agreed to work up a draft of a new byline ) Provide CEUs? Link to Clinical Pastoral Education teachers? Sam sits on a CEU board that could make this easier.** Should our meeting format include time for discussion of challenges and needs and successes **with separate breakouts for faith leaders and clinicians? A shared understanding or covenant for the shared meeting space would be helpful to start our meetings.**
  - b. Raise profile of IMHC
    - i. Encouraging use of IMHC Powerpoint presentation
    - ii. Edits to powerpoint?
  - c. Encouraging identification and participation in local clergy and faith inclusive coalitions that might have an interest in mental health/ trauma resources , or formation of such coalitions if they don't exist. Eg. **PTMAN (Proviso Township), NILA (Naperville) DuPage County Behavioral Health and Prevention networks, McHenry County FaithBridge**
    - i. Cultivate to join our group?
  - d. Encouraging mental health/trauma ministry/ programming development. Use Craig Rennebaum's **Books by Craig Rennebohm (The Way of Companionship Series: 1 - 3 | Pathways 2 Promise)Rita would be helpful for ideas for the clinical side of this topic.**