



## 2019 Calendar

IMHC meets on the third Tuesday of each month, in person or via conference call.

- January 15 9-10 am IMHC Conference call: (1-641-715-3580; PC 979606#)  
**Reflection:** Jolene LeRoy. **Spotlight:** Companionship Overview, Jermaine Alberty, Pathways to Promise.
- February 19** **9–11 a.m. IMHC Meeting @ Community Center** ( NAMI DuPage), 115 N Country Farm Rd, Wheaton **Reflection:** Robert Skrocki, Unitarian Universalist faith tradition. **Discussion Topic:** Spiritual Impact around Grief and Loss: Griefshare, Suicide, Lost Trust in God--all 9 – 10 a.m. IMHC Conference call (1-641-715-3580; PC979606#). **Reflection:** Jolene LeRoy. **Spotlight:** Illinois State Resources, including CRSS (certified recovery support specialists), Nanette Larson
- March 19 **9–11 a.m. IMHC Meeting @ Community Center** (NAMI DuPage), **Reflection:** Shamim Sufi, Muslim faith tradition. **Discussion Topic:** How to Promote Mental Health Awareness in Your Faith Community (May is Mental Health Awareness month).
- April 16 9 – 10 a.m. IMHC Conference call (1-712-770-5505; PC979606#). **Reflection:** Jolene LeRoy. **Spotlight:** Sharing from members on the call about their work activities related to faith and mental health
- May 21 **9 – 11 a.m. IMHC Meeting @ Community Center** (NAMI DuPage), **Reflection:** Gary, Jewish faith tradition. **Discussion Topic:** Increasing sensitivity and awareness around LGBT in mental health programming (June is Pride month).
- June 18 9 – 10 a.m. IMHC Conference call (1-712-770-5505; PC979606#). **Reflection:** Jolene LeRoy. **Spotlight:** (tbc)
- July 16 **9 -11 a.m. IMHC Meeting @ Community Center** (NAMI DuPage), **Reflection:** tbd. **Discussion Topic:** Mental Health & Substance use; dual diagnosis (September is Recovery month)
- August 20 9 – 10 a.m. IMHC Conference call (1-712-770-5505; PC979606#). **Reflection:** Jolene LeRoy. **Spotlight:** Sex Trafficking, suggest movie to watch prior to call; Outreach (tbc)
- September 17 Trauma Informed Conference, Advocate
- Fall 2019 **9 am - 2 pm IMHC Mini Conference/Facilitated Conversation -- tbc**
- October 15** **9 – 11 a.m. IMHC Meeting @ Community Center** (NAMI DuPage), **Reflection:** tbd. **Discussion Topic:** Legislative progress, Deb Conroy, House Mental Health Committee (Oct mental health awareness week) (tbc)
- November 19 9 – 10 a.m. IMHC Conference call (1-712-770-5505; PC979606#) (nominations for Officers) **Reflection:** Jolene LeRoy. **Spotlight:** Rev. Darryl Jenkins will lead a discussion on cultural competency
- December 17** **9 – 11 a.m. IMHC Meeting @ Community Center** (NAMI DuPage), **Reflection:** All. (election of Officers). Annual holiday celebration; faith tradition stories & treats to share.



The Interfaith Mental Health Coalition (IMHC) recognizes people with mental health needs often turn to their clergy and faith community for support. The IMHC is a coalition of mental health service providers, public officials, faith leaders, and advocates in the Chicagoland area working to:

- raise awareness
- reduce stigma/discrimination/exclusion
- increase access to services
- partner with persons with experience with a mental health condition.

### **IMHC Leadership Team for 2019**

Jolene LeRoy, President

Denise Elsbree, Vice President

Bob Barger, Treasurer

Rita Rippentrop, Secretary

Robert Skrocki, Communications Liaison

Contact Robert to be added to our email distribution:

[Bpskrocki@comcast.net](mailto:Bpskrocki@comcast.net)

### **IMHC History**

As a result of attending the Interfaith Pathways to Promise conference in October 2009, a group of attendees began seeking others who shared a common vision of helping people of different faith traditions support individuals and families struggling with mental health issues.

This core group of individuals and organizations formed the Suburban Chicago Interfaith Mental Health Coalition.

In 2011, the coalition changed its name to the Interfaith Mental Health Coalition (IMHC) and created a website, [www.interfaithmhc.org](http://www.interfaithmhc.org).

Additionally, the IMHC also created an email list to inform faith communities about mental health educational events and online resources.

### **Support the work of the IMHC**

Please join our efforts to raise awareness, reduce the stigma of mental illness, improve access to services for those with mental health needs in our community, while promoting partnership relationships among providers, faith leaders and peers/consumers.

Visit the IMHC website at to learn how you can become involved: [www.interfaithmhc.org](http://www.interfaithmhc.org)

Sign-up for IMHC email updates on mental health resources and trainings.

Download online resources that will help your faith community increase mental health awareness.

Locate a local geographic cluster near you: Central DuPage, Aurora, Chicago, Naperville, Oakbrook, Oak Park, Northshore, Northwest Suburbs, Sandwich, West Garfield.

Provide leadership by joining monthly IMHC advisory meetings.

Learn how to organize mental health programs in your faith community.

**To donate to the IMHC, please mail a check to Meier Clinics Foundation  
with "IMHC" in the memo line, attention:**

**Heather Gandy**

**Meier Clinics**

2100 Manchester Road, Suite 1510

Wheaton, IL 60187-4561

Meier Clinic, an IMHC member organization, graciously serves as the IMHC's fiscal agent.

**SEE OTHER SIDE FOR 2019 CALENDAR OF MEETINGS AND EVENTS**