

IMHC Conference
Creating Safe Spaces:
Presenting Models for Mental Health Support Groups In Faith Communities
September 19, 2018

Elmhurst Hospital
Agenda

8:30 - 9:00 am

Registration and light refreshments

9:00 – 10:15 a

Keynote: “Is Your Church Like Vegas? How to Be the Right Kind of Unique Community for People with Mental Illness”,

Amy Simpson, MBA, CPCC, Leadership coach and Author

10:15-11:15 am

NAMI Family Support Group Model- Creating Caring Connections for Loved Ones of Individuals Living with Mental Illness

Julie Baier, Certified NAMI Family Support Group Facilitator, Christ Church of Oakbrook

NAMI Faith Based Support Group for Individuals Struggling with Mental Illness,

Pev. Richard Heller, M. Div., Licensed Clinical Professional Counselor, Calvary Lutheran church

11:15 - 12 pm

Living and Family Grace Support Groups—A 15 -Week Curriculum

Bob Barger, R.Ph, MS., Coordinator Mental Health Ministries, College Church in Wheaton and Judy Smith RN, -Educator, Mental Health First Aid

12: – 1pm

Lunch and exhibits

1-1:45pm

Spiritual Support Groups: Providing RICH Relationships in Trauma Informed Care

Rev Kirsten Peachey, MSW, MDiv, DMin, Co – Director, Congregational Health Partnerships and Co- Director, The Center for Faith and Community Health Transformation, Advocate Health Care and Robert Skrocki, Mental Health Ministry Coordinator, SamaraCare

1:45p:- 2:30p

Mental Health Matters

Rev Kathy Dale McNair, MDiv,

Specialized Minister, Presbytery of Chicago, PCUSA, Founder of Faith, Hope,
Recovery

2:30-3:30p

**Building Ramps for the Mind: How to Make our Places of Worship
More Accessible for People with Mental Illness and their Families**

Tom Lambert, Deacon, Archdiocese of Chicago, Co-Chair and Co-
Founder Archdiocese of Chicago Commission on Mental Illness.

Geography of Grace: Circles of Trust

Rev Barbara Wilson, BS (Criminal Justice), MS (Justice Administration),
M..Div, D. Min Director, Collaborative and Community Partnerships,
Presbytery of Chicago, Presbyterian Church (USA)